



ATTENTION TEACHERS!



The NM Beef Council is proud to support New Mexico teachers by offering FREE education resources for use in their classrooms. Below is a sampling of available materials.

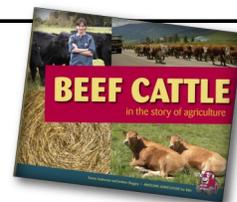
Please contact the New Mexico Beef Council to order yours. 505-841-9407, nmbeef@nmbeef.com, www.nmbeef.com

THE APP "ALL ABOUT BEEF" The American Farm Bureau Foundation for Agriculture, contractor to the Beef Checkoff, released a new educational app, "All About Beef". App versions of "The Steaks are High" and "Grocery Grab" are STEM-based games funded by the Beef Checkoff Program and geared toward students in grades 3-5. In addition to teaching nutrition and environmental facts, the apps also feature kid-friendly beef recipes. Lesson plans and fun activity sheets can be downloaded to supplement classroom activities.



The My American Farm games, including "The Steaks are High" and "Grocery Grab" are available on the iTunes store for iPhone and iPad, at Google Play for Android devices, on Amazon, Kindle Fire and on MyAmericanFarm.org. The Beef Checkoff Program funded development of these games and supporting resources.

BEEF CATTLE IN THE STORY OF AGRICULTURE is a book that follows cattle from the farm to the dinner plate. It explains how beef cattle are raised and processed into meat and by-products that are shipped across the country and beyond; how beef is advertised to the consumer and how we eat it.



TEACHER INFORMATION: The activities listed in the teacher guide materials are recommended activities that connect to the Common Core Standards, grades 3-5. Some are short, independent activities that quickly review topics covered in the book. Several activities can be extended to take a few days to complete and could involve additional resources, such as electronic devices to create PowerPoint presentations or display pictures and other creative ideas that can be shown to students.

Please note: The 32-page book will be sent to you FREE from the NMBC. The teacher guide and activity masters, which accompany the book, can be downloaded from www.agclassroom.org

THINGS WE CAN LEARN FROM A COW AND A WORM



is a teaching toolkit for grades 1-12. It is designed to encourage students to emulate nature's models for conserving the earth's resources. The poster highlights these two animals, and encourages students to think critically about the interaction between each animal and its environment. The classroom activities challenge students to consider good environmental stewardship in their daily lives. The lesson plan encapsulates a series of short activities that may be presented as a single extended lesson or as a series of short lessons within a unit.

CARETAKERS ALL is an environmentally-based toolkit which tells the story of good "caretaking". The two main points addressed by this curriculum are stewardship and animal husbandry. Students will learn about five different environmental issues and in the sixth lesson they learn how to apply those principles learned in their own community. This kit meets the "National Science Education Standards" for grades 5-8. This teaching kit includes a CD with reproducible photos for each lesson, activity sheets, teacher's guide, glossary of key terms and other reproducible lesson materials, DVD video, teachers guide, reproducible masters, activities sheets, posters, program evaluation, and parent handouts.



CONNECT THE DOTS; WHERE DOES MY FOOD COME FROM? This integrated educational kit is designed for students in grades 2-3, with portions expandable to grades 1 and 4. As students explore their world, we need to help them realize that the food system contributes significantly to this world.



The lessons in this kit will help you meet national education standards in science and social studies while reinforcing skill development in language arts and content understanding in health. The lessons can be taught in order or can be used individually if time doesn't permit teaching all three.

- Lesson 1-"Connect the Dots; Tracing agriculture in my daily life" challenges the students to stump you, their teacher, by thinking critically about the importance of agriculture beyond the food it provides.
 - Lesson 2-"Connect the Dots: Linking the sun to my plate" helps teach students about food chains and food webs by using examples applicable to their lives.
 - Lesson 3- "Connect the Dots: Understanding the families behind my food" encourages student to explore their family tree and some of their family history and compare it to families living on Century Farms and Century Ranches that have been in the same family for more than 100 years.
- This kit will help students understand where their food comes from and how successfully America's farmers and ranchers have provided that sustenance for generations. This kit will help to connect the dots and draw an accurate picture of the food system that provides you and your students the necessities of life, every day without fail.

Celebrate America is a program that introduces 4th and 5th grade students to various cultures through the foods they eat. The kit includes a DVD entitled *Lost in the Statue of Liberty* which offers an entertaining story featuring students from 5 various cultures. Through their adventures they come to realize that even though they may have different backgrounds and traditions, they have many things in common as well. This updated kit provides various components that include a DVD, 32 page Teacher's Guide, and 12 reproducible student pages, along with additional resources.



CHOOSE WELL is a 4th-5th grade education kit that the Beef Checkoff and Pfizer Inc. partnered on to produce this math curriculum addressing two nutrition issues identified by both health experts and teachers as essential in helping youth understand the benefits of healthy eating. Through a series of 7 activities, students learn the importance of choosing nutrient-rich foods first and techniques for visualizing appropriate portion sizes. The 8th lesson addresses physical activity and it's relation to weight management. **Choose Well** has been favorably reviewed by the American Dietetic Association Foundation as part of the Healthy Families, Healthy Kids initiative. The Kit includes a CD, DVD Video, teachers guide, reproducible masters, activity sheets, posters, a program evaluation, and parent handouts.

www.school-wellness.org

Classroom curriculum for grades K-12, that includes science-based information on food safety, nutrition/health, environmental science, and food production.

www.agfoundation.org

An excellent source of information for educators to receive classroom resources in the form of apps, teaching kits, guides, booklets, templates, etc.

www.nmbeef.com

NM Beef Council's website and source for statewide information relating to the Beef industry.
[www.facebook.com/New Mexico Beef Council](https://www.facebook.com/NewMexicoBeefCouncil)
 Your prime location for not only the latest beef recipes but the most current activity happening at the New Mexico Beef Council.

www.beef.org

General beef information that addresses issues ranging from health and nutrition, environment and food safety, to recipes, research, and ranching families.



www.agclassroom.org

New Mexico Agriculture in the Classroom (NMAITC) is a non-profit educational outreach program. This website provides a wealth of resources to educate the general public, with an emphasis on K-12 students and educators, about the importance of agriculture.

www.beefnutrition.org

Designed for health professionals and the health media, providing a source for nutrition and science information related to beef.